

Ginette M. Sims

EDUCATION

University of California, Santa Barbara (UCSB)

Doctoral Candidate in Counseling, Clinical, and School Psychology (CCSP)

Santa Barbara, CA

September 2016-Present

University of California, Santa Barbara (UCSB)

Master of Arts in Counseling Psychology

Santa Barbara, CA

May 2018

Williams College

Bachelor of Arts in Anthropology

Williamstown, MA

August 2009- June 2013

RESEARCH EXPERIENCE

Media Exposure of Police Violence: Assessing Psychological Risk and Resilience in Black Americans *September 2020-Present*

- Title: Principal Investigator
- Designed exploratory, sequential, mixed method project examining the psychological impact viewing media of police violence toward Black Americans has on Black Americans for dissertation; developed protocol, consent, and recruitment flyers; in process of submitting project for IRB approval; will utilize hermeneutical phenomenological methods to analyze the psychological and physical impact of watching police violence against Blacks for Blacks; qualitative findings will inform survey measures designed to test generalizability of qualitative findings to larger sample of Black adults
- Dissertation committee: Dr. Maryam Kia-Keating, Ph.D., Dr. Miya Barnett, Ph.D., and Dr. Melissa Morgan, Ph.D.

Examining Asian-Americans Experiences of COVID-19, Santa Barbara, California

June 2020-Present

- Title: Principal Investigator
- Developed qualitative research project examining experiences of stereotyping and discrimination toward Asian-Americans due to COVID-19 pandemic; developed study protocol, consent, and recruitment flyers; conduct 60 minute interview sessions exploring discrimination and coping strategies; transcribe interviews; code interviews using hermeneutical phenomenological analysis
- Faculty Advisor: Dr. Maryam Kia-Keating, Ph.D.

Disaster Response among Medical Providers Study, Santa Barbara, California

June 2018-Present

- Title: Graduate Research Associate
- Maintain, clean, and analyze survey data related to medical provider distress and secondary trauma following the Thomas Fire and Montecito Debris Flow; transcribe focus group data; organize focus group sessions; code focus group responses
- Principle Investigator: Dr. Maryam Kia-Keating, Ph.D.

Media Exposure to Police Violence Project, Santa Barbara, California

November 2018-Present

- Title: Principal Investigator
- Developed project entitled: Feasibility of Utilizing Linguistic Analysis to Assess for Emotional Distress Post Media Exposure to Police Violence: A Pilot Study
- Utilized online data repository Crimson Hexagon to train and implement an algorithm assessing for emotion based Twitter responses following exposure to the video of Philando Castile's death; conducted linguistic analysis by examining linguistic patterns of language previously cited to predict increased risk for acute stress and post traumatic distress within Tweets using the LIWC; developed method of utilizing LIWC for assessment of distress in Tweets following exposure to police violence
- Faculty Advisor: Dr. Maryam Kia-Keating, Ph.D.

Santa Barbara Resiliency Project, Santa Barbara, California

August 2017-August 2019

- Title: Graduate Research Associate

- Developed surveys to assess the impact of ACEs and other measures on the relationship between parent and child during well-child visits at Santa Barbara community clinics for ongoing pilot project addressing possible interventions for children and parents with high ACE scores; interviewed staff and parents regarding acceptability of prevention and adverse childhood experience (ACEs) screening; coded interview responses using rapid qualitative analysis
- Principle Investigator: Dr. Maryam Kia-Keating, Ph.D.

Project HEROES, Santa Barbara, California

January 2017-August 2019

- Titles: Graduate Research Associate; Ethical Training Supervisor
- NICHD-funded study. Trained Latinx undergraduate research assistants in risk assessment and survey administration for ongoing CBPR project assisting Latino families in Santa Barbara; designed project outreach and recruitment events; provided supervision and consultation for undergraduate research assistants administering a PCIT and mindfulness based prevention program in the field; conducted quantitative and qualitative analyses of study data; mentored undergraduate RAs in preparing for applying to graduate school in psychology
- Principle Investigator: Dr. Maryam Kia-Keating, Ph.D.

Massachusetts General Hospital, Boston, Massachusetts

April 2016-July 2016

- Title: Research Assistant
- Conducted 3 and 6 months follow up diagnostic interviews using the MINI International Neuropsychiatric Interview, ASILITE, Resource Utilization Guide, and Davidson to black, HIV+ women participating in Project STEP-AD, an intervention meant to address trauma symptoms, racial and HIV discrimination, and gender related stressors to improve medication adherence in black, HIV+ women living in the Boston area.
- Principle Investigator: Dr. Sannisha Dale, Ph.D., Ed.M.

McLean Hospital, Belmont, Massachusetts

May 2014-July 2016

- Title: Research Assistant
- Conducted research tasks and data collection, maintained research databases, and coordinated diagnostic interviews for McLean's Acute Residential Treatment Program's current research project on the effect of residential therapeutic care on addiction
- Principle Investigator: Dr. Julia E. Cohen-Gilbert, Ph.D.

Program in Education, Afterschool, and Resiliency (PEAR), Belmont, Massachusetts

December 2014-May 2016

- Title: Research Assistant
- Performed quantitative data entry processing, maintained large research databases (30,000+ cases); edited and developed survey documents; created and disseminated data reports for clients
- Engaged in the conduction and analysis of evidence-based translational research in the areas of socio-emotional learning and Science, Technology, Engineering, and Math (STEM)
- Principle Investigator: Dr. Gil Noam, Ed.D.

CLINICAL EXPERIENCE

Columbia Irving Medical Center/New York Presbyterian Hospital, New York, New York

July 2020-June 2021

- Provided outpatient and inpatient psychological services to adults within the New York Presbyterian hospital system using psychodynamic and behavioral interventions; conducted, scored, and translated neuropsychological assessments within Columbia Psychiatric Institute; conducted clinical evaluations, provided trauma informed interventions, conducted crisis intervention, and designed and implemented safety plans in the High Risk Treatment Team (RED) and on 9 Garden North inpatient unit; ran depression processing and medical issues psychotherapy groups; advocated for increased diversity in recruitment and retention and collaborated on improving culturally sensitive training in psychology training programs as a member of the Committee on Health Disparities

Hosford Counseling and Psychological Services Clinic, Santa Barbara, California

September 2020-September 2021

- Acted as student supervisor to second year graduate students within the department of Counseling, Clinical, and School Psychology; conducted phone screens and needs assessment with prospective clients; provided clinical supervision and feedback to student clinicians; assessed and evaluated clinical trainees; engaged in crisis management and de-escalation with

- clients in distress; provided consultation to emerging clinicians; assessed clinical documentation and conducted documentation audits to ensure student documentation are HIPAA compliant; conducted and organized community outreach programming; conducted administrative tasks to ensure the continued efficiency of the daily workings of the clinic; provided therapeutic services to Black identified clients coping with systemic racism and violence in the Healing Justice clinic specializing in supporting marginalized persons of color

Koegel Autism Center

January 2019-June 2021

- Conducted neuropsychological, personality, cognitive, and diagnostic assessments to adolescents and adults; conducted behavioral interventions, provided social skills training, conduct risk assessments, developed crisis response plans, and provided therapeutic support to adults on the Autism spectrum receiving support from the Department of Rehabilitation to complete occupational and educational goals

Santa Barbara Response Network

July 2020

- Completed psychological first aid training; developed evidence informed approaches to responding to disasters in the form of natural disasters, pandemics, mass shootings, suicide contagion, and acts of terrorism through garnering skills in fostering adaptive coping and identifying restorative resources in the community

Counseling and Psychological Services Clinic (CAPS-UCSB), Santa Barbara, California

September 2019-June 2020

- Provided brief psychodynamic and behavioral intervention services to emerging adults attending UCSB; conducted crisis management for at-risk clients; participated in specialized training sessions for survivors of interpersonal-violence and physical and sexual trauma

Hosford Counseling and Psychological Services Clinic, Santa Barbara, California
2020

January 2020-March

- Provided clinical supervision and clinical training to first-year basic practicum students in the doctoral program within the department of Counseling, Clinical, and School Psychology at UCSB; assessed and evaluated first-year clinical trainees; provided on-call and emergency clinical services for acute clients; provided clinical documentation support to beginning trainees; taught conceptualization and intervention skills in humanistic and psychodynamic approaches; provided ethics training in-vivo to trainees; assisted in the development in development of emerging psychologists' professional and clinical identities

Child Abuse Listening Mediation (CALM), Santa Barbara, California

September 2018- September 2019

- Provided psychotherapy, parenting skills coaching, and trauma-informed interventions to diverse, low SES children and families exposed to trauma in the greater Santa Barbara area; ran therapeutic groups for teens exposed to domestic violence and parents with acute difficulties in emotion regulations; provided psychoeducation on the cycle of violence and safety planning; participated in DBT consultation and supervision group; taught DBT skills such as Distress Tolerance, Mindfulness, and Interpersonal Effectiveness to clients with difficulties in emotion regulation

Hosford Counseling and Psychological Services Clinic, Santa Barbara, California
2018

January 2017-September

- Provided supervised evidence-based clinical interventions and psychotherapy to individuals, couples, or groups in the greater Santa Barbara area; designed and implemented evidence-based treatment plans to treat various types of psychopathology including social anxiety, phobias, OCD, and PTSD

McLean Hospital, Belmont, Massachusetts

July 2013- July 2016

- Co-led therapeutic groups including cognitive reappraisal, mindfulness, substance use education, and art therapy; provided therapeutic intervention via CBT and DBT skills coaching to dually diagnosed adolescents ages 13-19; conducted risk assessments; provided crisis-based interventions for suicidal and highly distressed clients
- Created and served as coordinator of the residential shift's Self and Identity Group, an activity-based group that promoted the discussion of diversity and identity in the context of building empathy and self-awareness

PUBLICATIONS

- **Sims, G.**, Sanchez, A., Kia-Keating, M., Beylin, N., Evans, M., & Tran, M. (2020). *Living in Fear: Anti-Asian American Discrimination and COVID-19*. (2022). *International Perspectives in Psychology*.
 - **Sims, G.**, Beylin, N., Sanchez, A., Kia-Keating, M., Evans, M., & Tran, M. (2020). *Generational Differences in Coping with Racism among Asian-Americans during COVID-19*. Unpublished manuscript, University of California, Santa Barbara, USA.
- Kia-Keating, M., Alavi, S., Liu, S.R., Taghavi, I., **Sims, G.**, & Nerenberg, C. (2020). *Post-Disaster Response and Resilience among Medical Providers*. Unpublished manuscript, University of California, Santa Barbara, USA.
- **Sims, G.** & Kia-Keating, M. (2020). *Feasibility of Utilizing Linguistic Analysis to Assess for Emotional Distress Post Media Exposure to Police Violence: A Pilot Study*. Unpublished manuscript, University of California, Santa Barbara, USA.
 - **Sims, G.**, Kia-Keating, M., Liu, S.R., & Taghavi, I. (2020). Political climate & belonging in higher education: Latina undergraduates and mental health. *Peace & Conflict: Journal of Peace Psychology*.
 - Kia-Keating, M., Barnett, M.L., Liu, S.R., **Sims, G.M.** & Ruth, A.B. (2019), Trauma Responsive Care in a Pediatric Setting: Feasibility and Acceptability of Screening for Adverse Childhood Experiences. *American Journal of Community Psychology*, 64: 286-297. doi:[10.1002/ajcp.12366](https://doi.org/10.1002/ajcp.12366)
 - Buchmann, M., Kia-Keating, M., Liu, S.R. and **Sims, G.M.** (2018). Between the Devil and the Deep Blue Sea: Refugee Youth in Resettlement. In *Emerging Trends in the Social and Behavioral Sciences* (eds R.A. Scott, S.M. Kosslyn and M. Buchmann). doi:[10.1002/9781118900772.etrds0460](https://doi.org/10.1002/9781118900772.etrds0460)
 - Jimenez, A., Parekh, R., Camino Gaztambide, R., **Sims, G.** 2015. Family Therapy: Challenges and Opportunities in Changing Population Demographics. In R. Parekh (Ed.), *Cultural Sensitivity in Child and Adolescent Mental Health*. Boston: MGH Publishing.
 - Jimenez, A., Malavé de León, E., **Sims, G.**, Hiraldo-Lebrón, C., Small, P., Boulos, M. 2015. Leveraging Technology for Health Equity. In R. Parekh and E. Childs (Ed.), *Stigma and Prejudice: Touchstones in Understanding Diversity in Healthcare*. New York: Springer LLC.

PRESENTATIONS

-
- **Sims, G.M.**, Kia-Keating, M., Sanchez, A., Beylin, N., & Evans, M. (2021, July). Examining discrimination toward Asian-Americans in the COVID-19 pandemic. Paper presented at American Psychological Association Conference, San Diego, CA.
 - **Sims, G.** (2021, March). Simultaneous Pandemics: Anti-Asian American Discrimination during COVID-19. Presented at “Particles and Pandemics” Lunch and Learn for the University of California, Santa Barbara graduate division, Santa Barbara, CA.
 - Kia-Keating, M., Barnett, M., Liu, S.R., **Sims, G.**, & Ruth, A. (2019, November). Participatory Co-Design for ACES Screening and Prevention in a Pediatric Setting. Paper presented at the 35th Annual Meeting for the International Society for Traumatic Stress Studies, Boston, MA.
 - **Sims, G.**, Liu, S.R., & Kia-Keating, M. (2019, November). Parents’ Adverse Childhood Experiences and Parenting Infants: Parent Stress and Self-Efficacy. Poster presented at the 35th Annual Meeting for the International Society for Traumatic Stress Studies, Boston, MA.
 - **Sims, G.** & Kia-Keating, M. (2019, April). Assessing for secondary distress using social-media: An examination of the psychological impact of Black Lives Matter. Poster presented at the 16th Hawai‘i International Summit on Preventing, Assessing & Treating Trauma Across the Lifespan, Honolulu, HI.

-
- Alavi, S., Kia-Keating, M., Liu, S. R., Taghavi, I., & **Sims, G.** (2019, November). Secondary Trauma and Organizational Factors for Medical Providers Following Disaster. Poster presented at the 35th Annual Meeting for the International Society for Traumatic Stress Studies, Boston, MA.
- Kia-Keating, M., Alavi, S., Liu, S.R., Taghavi, I., & **Sims, G.** (2019, April). Post-Disaster Response and Resilience among Medical Providers. Paper presented at the 16th Hawai'i International Summit on Preventing, Assessing and Treating Trauma Across the Lifespan, Honolulu, HI.
- **Sims, G.** (2018, December). Assessing for Secondary Stress Utilizing Social Media: An Exploratory Study of the Psychological Impact of Black Lives Matter. Invited Presentation for CNCSP 110: Research in Applied Psychology.
- **Sims, G.** (2018, December). Assessing for Secondary Stress Utilizing Social Media: An Exploratory Study of the Psychological Impact of Black Lives Matter. Invited presentation at the CNCSP Research Festival 2018.
- Liu, S.R., Santacrose, D., **Sims, G.**, & Kia-Keating, M. (2018, October). Perceptions of Community Safety and Mental Health among Latinx Youth amid Political Climate Fear and Police Mistrust. Poster presented at the National Latinx Psychological Association Biennial Conference, San Diego, CA.
- Kia-Keating, M., Barnett, M., Ruth, A., Liu, S.R., & **Sims, G.** (2018, August) Screening and intervening for ACEs within community health clinics: An example of trauma-informed pediatric care. Paper presented at the American Psychological Association Annual Convention, San Francisco, CA.
- **Sims, G.**, Liu, S.R., & Kia-Keating, M. (2018, August). Socio-political climate and mental health among undergraduate Latinx students. Poster presented at the American Psychological Association Annual Convention, San Francisco, CA. Division 27, Society for Community Research & Action
- Liu, S.R., **Sims, G.**, & Kia-Keating, M. (2018, August). Belonging & Discrimination: Testing a Strengths-Based Model. Poster presented at the American Psychological Association Annual Convention, San Francisco, CA. Division 45, Society for the Psychological Study of Culture, Ethnicity, & Race.
- Liu, S.R. & **Sims, G.** (2018, November). Dialectical Behavioral Therapy in Schools. Invited presentation CNCSP270-Advanced Practicum in School Psychology.
- Liu, S.R., & **Sims, G.** (2017, October). Dialectical Behavioral Therapy with Adolescent Populations. Invited presentation for CNCSP270- Advanced Practicum in School Psychology.
- Liu, S.R., Kia-Keating, M., Taghavi, I., **Sims, G.** (2017, October). *Meeting Student Needs after a University Tragedy: An Exploration of Service Utilization and Perceived Benefit across Race and Ethnicity.* Poster presented at the 34th annual meeting of the International Society for Traumatic Stress Studies, Chicago, Illinois.
- Kia-Keating, M, Liu, S., Modir, S., **Sims, G.**, Taghavi, I. (2017, May). *Longitudinal Assessments of College Mental Health and Adjustment after Trauma: The First Year Experience Survey & The Isla Vista Tragedy.* Presented at Community of Practice Series, Division of Student Affairs, UCSB, Santa Barbara, CA
- Stein, E., Cohen-Gilbert, J., Sternberg, A., **Sims, G.**, Rodolico, J., Kaplan, C., Parekh, R., Boger, K., McWhinnie, C., & Silveri, M. (2014, January). *Impulsivity During Emotional Distraction in Dually Diagnosed Adolescents with Substance Use Disorders and Co-morbid Depression or ADHD.* Poster presented at McLean Research Day, Belmont, MA.

TEACHING EXPERIENCE

University of California, Santa Barba, California
2020

June 2020-July

- Teaching Assistant for CNCSP 110: Educational and Vocational Guidance

- Created and conducted lectures on theories of career psychology to sections of 40 students and full class (80 students); led didactic sessions via Zoom; developed online activities to assist students in developing their professional identities

University of California, Santa Barbara, California
2019

August 2019-September

- Instructor of Record for CNCSP 102: Research Methods in Applied Psychology
- Designed course syllabus for lectured on quantitative and qualitative research methodology to 40 students; assisted students in assessing the ethics and rigor of empirical research through designing essay assignments and verbal presentations; developed group projects to teach student research design and implementation

University of California, Santa Barbara, California

June 2019-August 2019

Instructor of Record for CNCSP 110: Educational and Vocational Guidance

- Designed course syllabus, lectured on principles of career psychology, occupational assessment and evaluation; led experiential activities designed to assist student in recognizing occupational strengths and areas of growth; provided individual mentorship and career support to students applying for jobs in psychological services and graduate school

University of California, Santa Barbara, California

April 2019-June 2019

- Teaching Assistant for CNCP 102: Research Methods in Applied Psychology
- Taught APA formatting, ethical research practice, research design and implementation via lecture and didactic sections; provide one-on-one writing support to assist in the development of scientific writing skills in undergraduate students

University of California, Santa Barbara, California

January 2019-April 2019

- Teaching Assistant for CNCSP 110: Educational and Vocational Guidance
- Lead sections and designed and implemented small group activities with undergraduate students; lectured on understanding the job market and career preparedness, provided career mentorship and guidance to undergraduate students

University of California, Santa Barbara, California

June 2018-July 2018

- Teaching Assistant for CNCSP 111: Identity and Pluralism
- Lectured, facilitated discussion, and designed small group activities to assist undergraduate students in recognizing their own implicit biases, increasing empathetic responsiveness, and considering multicultural perspectives in the context utilizing multicultural pedagogical approaches to train students interested in pursuing careers in psychology how to work with diverse populations

University of California, Santa Barbara, California

January 2018-June 2018

- Teaching Assistant for ENG 10: Introduction to Literary Study
- Teaching Assistant for ENG 50: Introduction to US Minority Literature
- Lectured, facilitated discussion, and designed small group activities to aid undergraduate students in developing skills in literary analysis and interpretation; developed lecture and discussion sections to enhance student understanding of systemic injustices in the context of reading and interpreting minority literature; taught students literary analysis methods

University of California, Santa Barbara, California

June 2018-July 2018

- Teaching Assistant for CNCSP 115: College Student Peer Helping and Leadership
- Acted as Teaching Assistant for mandatory resident assistant training course on helping skills; led and designed role-play activities to facilitate the practice of helping skills; utilized in-class activities and discussion to enhance students' empathetic responsiveness and communication skills; taught conflict mediation strategies

University of California, Santa Barbara, California

April 2017-June 2017

- Reader for CNCSP 102: Research Methods in Applied Psychology
- Provided office hours to undergraduate students interested in improving their research methodology; acted as a mentor to students interested in pursuing graduate school in psychology; graded projects and essays to assess empirical literacy

University of California, Santa Barbara, California

January 2017-March 2017

- Reader for INT 33J: Discovery Seminar in Justice

-
- Acted as grader and writing coach for 30 undergraduate students taking an interdisciplinary seminar course on justice taught from the perspectives of sociology, the arts, and literary works

GRANTS & FELLOWSHIPS

Division 56 Cultivating Healing, Advocacy, Nonviolence, Growth, and Equity (CHANGE) Grant	<i>July 2021</i>
Multidisciplinary Research on the Coronavirus and its Impacts Grant	<i>June 2020</i>
Ray E. Hosford Memorial Research Award	<i>June 2020</i>
Kennedy/Graves Research Fund	<i>June 2019</i>
Graduate Opportunity Fellowship	<i>May 2019</i>

AWARDS & HONORS

Susan A. Neufeldt Award for Excellence in Clinical Supervision	<i>May 2021</i>
Outstanding Poster Presentation at IVAT's 16th International Hawai'i Summit on Violence, Abuse & Trauma	<i>April 2019</i>
Ray E. Hosford Award for Excellence in Professional Behavior	<i>May 2018</i>
Hosford Hero Award	<i>February 2017/December 2017</i>
QuestBridge National College Match Scholarship	<i>August 2009-June 2013</i>

CAMPUS AND COMMUNITY ENGAGEMENT

Health Disparities Work Group , New York, New York	<i>August 2021-Present</i>
<ul style="list-style-type: none"> • Collaborate with Child and Adult treatment service teams throughout New York Presbyterian Hospital to develop initiatives, curriculum, and training opportunities to promote health equity and increase the retention and recruitment of BIPOC faculty and staff 	
Residential Assistant for Graduate Student Housing , Santa Barbara, California	<i>August 2019-June 2021</i>
<ul style="list-style-type: none"> • Develop, plan, organize, and coordinate social events to build community among graduate student housing residents; mediate and manage interpersonal conflicts and crises in the graduate student community; plan, organize, design, and distribute weekly event newsletter; assist in the daily organization of the housing office by scheduling, managing the calendar, and filing reports 	
Black Graduate Student Association (BGSA) , Santa Barbara, California	<i>June 2018-June 2019</i>
<ul style="list-style-type: none"> • Acted as Secretary for the UCSB branch of BGSA; organized events designed to improve the recruitment and retention of Black graduate and undergraduate events; wrote and disseminated minutes related to bi-monthly BGSA meetings 	
Black Student Engagement Program , Santa Barbara, California	<i>November 2017-November 2019</i>
<ul style="list-style-type: none"> • Mentor • Mentored Black identified undergraduate students attending UCSB; provided career advice, graduate program application assistance, academic support, and emotional support to mentees; assisted in the design and implementation of mentorship activities that facilitative the thriving and retention of Black undergraduates on UCSB's campus 	

APA Division 45, Santa Barbara, California
2019

April 2017-April

- Campus Representative
- Acted as APA Division 45 campus representative for UCSB; promoted the mission of Division 45 on UCSB campus; created and planned campus events to promote interest and engagement in the study and treatment of ethnic minority populations among undergraduate and graduate students interested in psychology

UCSB Associated Students Diversity Committee

September 2017-February 2019

- Diversity Committee Co-leader
- Acted as lead in graduate student run diversity committee for the department of Counseling, Clinical, and School Psychology; assessed and adapted diversity programming in the department; organized events and talks to increase the recruitment and retention of diverse students and faculty; organized and disseminated department wide surveys assessing the role of diversity in research, practice, and curriculum

Counseling and Psychological Services, Santa Barbara, California

January 2016-January

2019 • Department Representative

Acted as the Graduate Student Association's representative for Counseling and Psychological Services (CAPS); participated in meetings and campus events designed to increase student engagement with psychological services and combat mental health stigma

UCSB ECoach, Santa Barbara, California

October 2017-December 2018

- Research Assistant
- Designed an online data repository for first-generation undergraduate students that included study tips, resource tools, and contact information for student groups and advocacy networks; conducted qualitative interviews with students and Teaching Assistants on usefulness of data repository and study tips; created and disseminated online messages designed to assist students in large classrooms develop personalized study habits; utilized MTS coding system for website design