

# JENNA M. ANAIN, M.S.Ed

716.866.1326 | [jenna.anain@du.edu](mailto:jenna.anain@du.edu) | Denver, CO  
Formerly: Jenna Augenblick

---

## EDUCATION

---

**University of Denver**, Denver, CO Fall 2022- Present  
Doctor of Philosophy, **Counseling Psychology**, APA Accredited  
*Expected Graduation:* June 2027  
*Advisor:* Julia Roncoroni, Ph.D.  
Focus in Health Psychology

**University of Miami**, Miami, FL 2020-2022  
Masters of Science in Education, **Counseling Psychology**  
*Graduation:* August 2022  
*Advisor:* Guerda Nicolas, Ph.D.

**Vanderbilt University**, Nashville, TN 2014-2018  
Bachelor of Arts, Psychology  
Minors: Cinema and Media Arts; English

## RESEARCH EXPERIENCE

---

**University of Denver**, Denver, CO 2022- Present  
Lab: Health Disparities Research Lab  
Principal Investigator: Julia Roncoroni, Ph.D.  
Role: Graduate Student Researcher  
I manage, lead, and participate in projects related to health disparities, focused specifically on pregnancy termination for medical reasons, sleep disorders in the Latinx community, and the impact of COVID-19 on Latinx immigrants in the Denver area.

**Albert Einstein College of Medicine**, Bronx, NY 2019-2022  
Lab: [Center for Health Equity](#), Psychiatry Research Institute of Montefiore Einstein  
Principal Investigators: Aaron Breslow, Ph.D.; Caryn Rodgers, Ph.D.; Benjamin Lê Cook, Ph.D.  
Sponsors: NIAID (5P30AI124414-05); NIMH (R21MH121920; R01MH126821; R01DA034661)  
Role: Project Coordinator  
At Montefiore, I managed, led, and provided scientific support for 10+ mixed-methods research studies on mental health equity at Einstein and with our partner, the Health Equity Research Lab at Harvard Medical School. Projects targeted the development of rigorous, innovative methods to measure and mitigate disparities in mental healthcare.

**University of Miami**, Miami, FL 2020-2022  
School of Education and Human Development  
Principal Investigator: Debbiesiu Lee, Ph.D.  
Role: Research Assistant

At Miami, I provided empirical and coding support for a project on whiteness within academic publishing in the field of Psychology.

**Georgia State University**, Atlanta, GA 2018-2019

Lab: Center for Research On Interpersonal Violence, School of Public Health

Principal Investigator: Laura Salazar, Ph.D.

Sponsor: NIH (R42AA025817)

Role: Research Assistant

At Georgia State, I worked on Dr. Laura Salazar's NIH-funded randomized controlled trial (R42AA025817) developing and evaluating the efficacy of *RealConsent*, a sexual violence risk reduction program for college women.

**DENT Neurological Institute**, Buffalo, NY Summer 2018

Department of Neuropsychiatry

Principal Investigator: Horacio Capote, MD

Role: Research Volunteer

At DENT, I supported neuropsychiatry research with a large, racially and clinically diverse caseload, focusing on the Antipsychotics and Metabolics Project and the Police Bias Lab.

## CLINICAL EXPERIENCE

---

**Denver County Jail**, Denver, CO Fall 2023-Present

Role: Psychology Intern

Men's Restoration and Transition Unit

Supervisor: Whitney Cowell, Ph.D. J.D.

- Participate in weekly individual therapy with a caseload of 6 clients, all housed within the RTU unit
- Lead 2 weekly groups, focused on DBT skills and SMART Recovery
- Collaborate with an integrative team to organize and manage treatment plans for those on the unit
- Conduct comprehensive intake interviews to assess appropriateness of those interested in the RTU unit

**Kaiser Permanente**, Denver, CO 2022-2023

Role: Behavioral Medicine Specialist Extern

Department: Primary Care

Supervisors: Ana Lesquives, M.A and Bram Heidinger, Psy.D.

- Provide brief periods of care (1-6 sessions) focused on evidence-based behavioral interventions. Care is provided in the primary care office and via telephone or video, for an average of 16 clinical hours per week.
- Consult with primary care physicians to collaboratively create treatment plans for patients and offer appropriate referral services.
- Co-lead weekly psychoeducation groups on topics such as chronic pain management and Cognitive Behavioral Therapy for insomnia.
- Conduct assessments and clinical interviews to provide a patient diagnosis.

- Attend weekly individual supervision and bi-monthly team meetings to discuss specific concerns and patient care.

**Mount Sinai Medical Center**, Miami, FL

2021- 2022

Role: Behavioral Health Unit Intern

Rotation: Inpatient Psychiatry

Supervisor: Aida Izquierdo, Psy.D.

- Provided a full range of inpatient therapeutic interventions on locked inpatient psychiatry units with a capacity for 55 patients, averaging 15 clinical hours per week
- Conducted comprehensive psychiatric intake evaluations with patients new to the unit, including open-ended interviews and validated psychometric screens
- Facilitated daily individual inpatient psychotherapy sessions supporting patients presenting with a diversity of mental health concerns (e.g., alcohol or substance use, mood disorders, personality disorders, schizophrenia, and psychosis spectrum disorders)
- Collaboratively contributed to psychological, psychosocial, and treatment plan assessments within the multidisciplinary teams, and attended weekly individual supervision
- Co-led daily psychotherapy groups aimed at providing healthy socialization, developing coping skills, and teaching relaxation techniques
- Coordinated post-hospitalization discharge (i.e., disposition, step-down treatment planning, safety plans)

Rotation: Outpatient Psychiatry

Supervisor: Mary Jaramillo Mangia, LMHC

- Assisted in Dialectical Behavioral Therapy (DBT) groups, support groups, and individual therapy, with the Mount Sinai Outpatient Behavioral Health Center and Partial-Hospitalization Program
- Attended weekly individual supervision
- Provided referral services and conducted initial clinical assessments.

**Institute for Individual and Family Counseling**, Miami, FL

2021- 2022

Role: Staff Therapist

Supervisors: Dulce Jane, Ph.D.; Kimberly Ho Misiaszek, Ph.D.

- Collaboratively engaged in telehealth psychotherapy with adult individuals from a diverse local community population with a weekly caseload of 3-4 clients
- Conducted telephone screenings and intake assessments
- Participated in weekly individual and group supervision meetings to conceptualize cases, conduct case presentations, and review videotaped sessions
- Attended monthly in-service training on special topics, such as trauma-informed care, family therapy, and psychopharmacology
- Completed case management and clinical paperwork (e.g., intake summaries, treatment plans, progress notes, and case summaries)

**Fireside Mental Health Chats**, Miami, FL

2021-2022

Role: Facilitator

- Facilitated “chats” with local children and teenagers engaged in community-based programming

- Co-led monthly groups of 20-30 children that were focused on non-directive emotional processing and directive social and emotional skills building
- Attended regular training focused on providing trauma-informed, culturally-responsive care

**Crisis Text Line Non-Profit**

Spring 2020

Role: Crisis Counselor

- Supported people in crisis in a one-time anonymous conversation by thinking quickly, establishing trust, building rapport, and providing appropriate resources
- Trained in crisis intervention and management skills, rapport building and active listening skills, and collaborative problem-solving skills

**DENT Neurological Institute, Buffalo, NY**

Summer 2018

Role: Clinical Research Assistant

- Observed and assisted in the psychiatric evaluations of patients (including 130 hours of clinical shadowing of MDs and PAs), providing detailed notes of the appointment and my own evaluations to the practitioner

**Shirley A. Anain M.D. P.C. Private Surgery Practice, Buffalo, NY**

Summer 2011- 2017

Role: Patient Care Coordinator

- Conducted intake interviews to assess the physical and social health history of all incoming patients, averaging around 40 per day. Measured metabolic characteristics of the patients, and provided administrative support to the office staff

**TEACHING EXPERIENCE**

---

**University of Denver, Denver, CO**

Fall 2022-Present

Teaching Assistant, Department of Counseling Psychology

- Master's level courses: Beginning Counseling Techniques (Fall 2022, Fall 2023), Intermediate Counseling Techniques (Winter 2023), Multicultural Counseling (Spring 2023)

**University of Denver, Denver, CO**

Winter 2024

Adjunct Professor, Department of Counseling Psychology

- Undergraduate level courses: Health and Positive Psychology

**PUBLICATIONS AND SCIENTIFIC REVIEWING\***

---

**Manuscripts Published and In Press**

2. Rodgers, C., Flores, M., Bassey, O., **Augenblick, J.**, Cook, B. (2021). Racial/ethnic disparity trends in children's mental health care access and expenditures from 2010 to 2017: Disparities remain despite sweeping policy reform. *Journal of the American Academy of Child & Adolescent Psychiatry*. <https://doi.org/10.1016/j.jaac.2021.09.420>
1. Breslow, A. S., Wojcik, H., Roberts, N., **Augenblick, J.** (2020). Resiliency. In A. Goldberg & G. Beemyn (Eds.), *SAGE encyclopedia of trans studies* (Vol. 2, pp. 736-741). SAGE Publications. <https://www.doi.org/10.4135/9781544393858.n245>

**Student Peer Reviewer**

*Psychology of Sexual Orientation and Gender Diversity* (APA Div. 44)

2019-Present

**SCIENTIFIC PRESENTATIONS**

---

4. **Anain, J.** Roncoroni, J., Whitaker S., Magdamo, B., Hendrix T., Zaręba K., Yohannes R., (2023, August). *Perceptions of Patient-Centered Care in Abortions for Medical Reasons* [Poster Presentation]. American Psychological Association Convention, Washington D.C., United States.
3. **Augenblick, J.**, Wojcik, H., Yang, K., Park, E., Carrasco, J., Breslow, A. S. (2021, February). Racism and the 40-times rule: Exploring renting, eviction, and systemic inequality in COVID-era NYC housing [Roundtable]. Winter Roundtable Conference on Psychology and Education, Columbia University. Online.
2. **Augenblick, J.**, Breslow, A. S., Wojcik, H. (2020). Counseling psychology in a dying world: Navigating the future of the field in the face of extreme climate change [Roundtable]. Counseling Psychology Conference.
1. Wojcik, H., Breslow, A. S., **Augenblick, J.** (2020). Seeing the invisible: Identity and advocacy for LGBTQ clients and counselors [Roundtable]. Counseling Psychology Conference.

**\*Formerly Jenna Augenblick**

**PROFESSIONAL AND VOLUNTEER EXPERIENCE**

---

**Sundance Film Festival**, Park City, Utah

Annually 2017-Present

Role: Theater Team Member

- Aid and organize thousands of festival guests nightly during screenings. I record and analyze large data sets for highly competitive film competitions with the balloting team

**Erie County Board of Elections**, Buffalo, NY

November 2020

Role: Election Inspector

- Assisted voters and managed local district protocols for the 2020 presidential election

**TECHNICAL SKILLS**

---

EMR Software: Titanium, Epic, Nextech, SimpleMed, eClinicalWorks

Survey Development: Qualtrics.com, REDCap, Google Forms

Statistical Input and Analysis: SPSS

Basic Life Support: CPR and AED

Certifications: 200-Hr Yoga Teacher Training, HIPAA, CITI